

Hiking and mountain in Valencia Region

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Walk along well marked footpaths or climb amazing walls, descend different canyons or explore various cavities of the limestone area. You can practice all these activities and much more in the Valencia Region in your own way or with expert mountain guides.



[1]

Hiking, trekking [2]

The Valencia Region offers excellent infrastructure for hiking: it has over 5.000 kilometres of...

"All paths deserve to be explored, even when they do not lead anywhere". Paul Venham





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[3]

Rock climbing [4]

The Valencia [5] Region [5] offers you plenty of opportunities to practice climbi...



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[6]

Mountaineering [7]

The slopes of the Iberian mountain range and the Baetic mountain ranges cross the Valencia Region, creating a coastal plain that runs across it from north to south until it reaches the north of the...



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[8]

Rappel [9]

A climbing technique that allows you to use a rope to descend along vertical surfaces or cliffs. Apart from the rope, participants wear a harness and use a device called a descensor, whose design m...



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[10]

Snow rackets [11]

This mountain activity is carried out during the winter months, and it involves following trails in which the accumulation of snow makes the use of snow rackets necessary. Even though snow does not...



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[12]

Via Ferrata climbing [13]

Climbing a rocky slope that has been previously fitted with metal steps to help you climb. Participants are kept safe by ropes or webbings connected to a cord (lifeline). This activity is not suita...



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[14]

Spelunking and visiting caves [15]

Almost three quarters of the entire Valencia Region is made up of limestone, which

promotes the formation of cavities as a consequence of the processes of dissolution of water as it filters into th...



[16]

Nordic Walking [17]

Nordic Walking is an endurance sport and a form of open-air exercise that involves walking with sticks similar to the ones used in skiing.

Beaches, greenways, forest trails, rural paths... t...



[18]

Canyoning and climbing down canyons [19]

This activity involves carrying out a route on foot with specific equipment, going down the beds of rivers, torrents and canyons, overcoming natural obstacles by using different techniques common t...



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